

# 夏休みコース設定のお知らせ

【変更時期】 2026年7月22日(水)～8月31日(月)

【変更内容】

| 月曜日／水曜日／金曜日<br>(夏休み期間) |      |                   |                        |                                                                                      |      | 月曜日／水曜日／金曜日<br>(夏休み期間)           |      |                   |                        |                      |                                              | 月曜日／火曜日／水曜日／木曜日／金曜日<br>(夏休み期間) |      |                   |                        |                                                                                          |                      |
|------------------------|------|-------------------|------------------------|--------------------------------------------------------------------------------------|------|----------------------------------|------|-------------------|------------------------|----------------------|----------------------------------------------|--------------------------------|------|-------------------|------------------------|------------------------------------------------------------------------------------------|----------------------|
| 9:00～13:00のコース設定       |      |                   |                        |                                                                                      |      | 13:00～18:00のコース設定                |      |                   |                        |                      |                                              | 18:00～22:20のコース設定              |      |                   |                        |                                                                                          |                      |
| ※コース変更・・・12:55～13:00   |      |                   |                        |                                                                                      |      | ※コース変更・・・12:55～13:00／17:55～18:00 |      |                   |                        |                      |                                              | ※コース変更・・・17:55～18:00           |      |                   |                        |                                                                                          |                      |
| 6コース                   | 5コース | 4コース              | 3コース                   | 2コース                                                                                 | 1コース | 6コース                             | 5コース | 4コース              | 3コース                   | 2コース                 | 1コース                                         | 6コース                           | 5コース | 4コース              | 3コース                   | 2コース                                                                                     | 1コース                 |
| フリー遊泳コース               |      | 一方通行<br>(25 m 完泳) | ↑<br>一方通行<br>(25 m 完泳) | フリー遊泳コース                                                                             |      | フリー遊泳コース                         |      | 一方通行<br>(25 m 完泳) | ↑<br>一方通行<br>(25 m 完泳) | ↺<br>往復<br>(50 m 完泳) | 歩行コース                                        | フリー遊泳コース                       |      | 一方通行<br>(25 m 完泳) | ↑<br>一方通行<br>(25 m 完泳) | ↺<br>往復<br>(50 m 完泳)                                                                     | ↺<br>往復<br>(50 m 完泳) |
|                        |      | ↓                 |                        | レッスン使用時間<br>(1・2コースのみ使用)<br>【月曜日】10:25～11:40<br>【水曜日】11:05～11:50<br>【金曜日】10:25～11:35 |      |                                  |      | ↓                 |                        |                      | レッスン使用時間<br>(1・2コースのみ使用)<br>【水曜日】14:00～15:05 |                                |      | ↓                 |                        | レッスン使用時間<br>(1・2コースのみ使用)<br>【火曜日・木曜日】20:45～21:45<br>21:50～22:20<br>【1コース】フリー<br>【2コース】往復 |                      |
| 採暖室                    |      |                   |                        |                                                                                      |      | 採暖室                              |      |                   |                        |                      |                                              | 採暖室                            |      |                   |                        |                                                                                          |                      |
| 地下1階 プールギャラリー          |      |                   |                        |                                                                                      |      | 地下1階 プールギャラリー                    |      |                   |                        |                      |                                              | 地下1階 プールギャラリー                  |      |                   |                        |                                                                                          |                      |

| 火曜日／木曜日<br>(夏休み期間)   |      | 土曜日／日曜日／祝日<br>(夏休み期間) |              | 土曜日／日曜日／祝日<br>(夏休み期間) |              |
|----------------------|------|-----------------------|--------------|-----------------------|--------------|
| 9:00～18:00のコース設定     |      | 9:00～16:00のコース設定      |              | 16:00～20:20のコース設定     |              |
| ※コース変更・・・17:55～18:00 |      | ※コース変更・・・15:55～16:00  |              | ※コース変更・・・15:55～16:00  |              |
| 6コース                 | 5コース | 4コース                  | 3コース         | 2コース                  | 1コース         |
| フリー遊泳コース             |      | 一方通行(25 m完泳)          | 一方通行(25 m完泳) | 一方通行(25 m完泳)          | 一方通行(25 m完泳) |
|                      |      | ↓                     | ↑            | ↑                     | ↑            |
|                      |      |                       | 往復(50 m完泳)   | 往復(50 m完泳)            | 往復(50 m完泳)   |
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※上記以外の設定変更はございません。安全面を考慮した変更となります。  
※状況により営業時間が変更となる場合がございます。

皆様のご理解、ご協力をよろしくお願いします。